

HAIR REMOVAL

Laser IPL - Please Request Full Laser Price List

Waxing & Threading

|                                       |      |
|---------------------------------------|------|
| Half Leg Wax                          | R230 |
| Full Leg Wax                          | R290 |
| Underarm Wax                          | R150 |
| Half Arm Wax                          | R190 |
| Full Arm Wax                          | R220 |
| Bikini Line Wax                       | R210 |
| Brazilian Wax                         | R260 |
| Hollywood (All Off) Wax               | R290 |
| Lip Or Chin Wax / Thread              | R120 |
| Brow Wax / Thread                     | R140 |
| Brow And Lip Wax / Thread             | R210 |
| Brow, Lip And Chin Wax / Thread       | R230 |
| Full Face (Incl. Cheeks) Wax / Thread | R250 |

Hair Removal For Men

|                         |      |
|-------------------------|------|
| Back / Chest Wax        | R270 |
| Nose, Ears And Brow Wax | R250 |

HANDS AND FEET

Manicures

|                              |      |
|------------------------------|------|
| Pure Manicure                | R250 |
| Pure Mani with Paraffin Dip  | R300 |
| File, Buff & Paint           | R170 |
| Mini Manicure                | R200 |
| Little Miss Mani   Under 12s | R150 |
| Gent’s Manicure              | R250 |

BIO SCULPTURE

|                      |      |
|----------------------|------|
| Bio Gel Hand Overlay | R250 |
| Art by hand          | R50  |
| Soak and overlay     | R300 |
| Tips and overlay     | R350 |
| Bio Soak Off         | R120 |

Pedicures

|                                                         |      |
|---------------------------------------------------------|------|
| Pure Pedicure                                           | R290 |
| Bio Gel Toes Overlay                                    | R200 |
| Pure Pedi with Gel Overlay                              | R420 |
| Pure Pedi With Paraffin Dip                             | R320 |
| Medi Heal Callus Pedi                                   | R320 |
| Deluxe Pedicure   Medi Heal Treatment With Paraffin Dip | R390 |

|                                 |      |
|---------------------------------|------|
| Mini Pedi                       | R230 |
| Paraffin Dip   Add On To A Pedi | R100 |
| File, Buff & Paint Toes         | R200 |
| Little Miss Pedi   Under 12’s   | R150 |
| Gents Pedicure                  | R270 |

TINTING

|                  |      |
|------------------|------|
| Lash Tint        | R130 |
| Brow Tint        | R100 |
| Lash & Brow Tint | R200 |

|                           |      |
|---------------------------|------|
| Brow Lamination   45 mins | R350 |
|---------------------------|------|

|                    |      |
|--------------------|------|
| Lash Lift & Curl   | R400 |
| Includes lash tint |      |

Pure Wellness Etiquette

To make the most of your experience please arrive 5 minutes early.

As courtesy to the next client, your appointment will end as originally scheduled.

Cancellation Policy

We kindly request that you let us know well in advance if you are unable to make your appointment. At least 48 hours is needed to fill your booking.

Gift Cards

Available at our clinic or online [www.purewellnessclinic.co.za](http://www.purewellnessclinic.co.za)

Find us at

Sivana Centre  
42 Pearce Street  
Berea  
East London  
Website [www.purewellnessclinic.co.za](http://www.purewellnessclinic.co.za)

Trading hours

Mon – Fri 8am – 5pm  
Sat 8am – 2pm

Contact

Phone 071 879 7465  
Email [sivanalifestylecentre@gmail.com](mailto:sivanalifestylecentre@gmail.com)



Treatment Menu  
2025

AESTHETICS

Lamelle Skin Restoration And Peel Treatments

|                                                                                                     |             |
|-----------------------------------------------------------------------------------------------------|-------------|
| Lamelle Mini Facial   30 Mins                                                                       | R420        |
| Deep Cleansing Facial   60 Mins                                                                     | R580        |
| Alpha Glycolic 20 Peel   60 Mins                                                                    | R490        |
| Azeac Acne Peel   30 Mins                                                                           | R670        |
| Beta With TCA 10 %   30 Mins                                                                        | R680        |
| Beta Peel 20   30 Mins                                                                              | R420        |
| Anti-Aging Pigment Peel                                                                             |             |
| Beta Plus   60 Mins                                                                                 | R620        |
| Beta-Hydroxy Peel, And Salicylic Acid                                                               |             |
| Lacti Firm Peel   60 Mins / 90 Mins                                                                 | R620 / R730 |
| Age Prevent Peel, Skin Firming & Hydrating                                                          |             |
| Retistore Plus Treatment   30 Mins                                                                  | R950        |
| Full Epidermal Peel                                                                                 |             |
| Rice Bran Peel   30 Mins                                                                            | R680        |
| Age Prevention Leave On Peel, For Improved Skin Texture, Brightness And Product Penetration         |             |
| Synergy Peel   30 Mins                                                                              | R850        |
| Designed to combat pigmentation and provide anti-ageing properties through a hybrid-acid structure. |             |
| Vita-C Age Prevent Brightening Treatment   80 Min                                                   | R680        |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Red Carpet Skin Tightening / Lifting Treatment   90 Mins                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | R2950 |
| A unique combination of our high tech Ablase Skin Tightening device with the pharmaceutical brand, delivers a, show stopping result, leaving your face and neck visibly lifted, firmer & radiant. Ablase attachments provide a Fractional lifting & tightening treatment followed by our self neutralising peel, a personalised skin cocktail is infused into the skin using needleless mesotherapy, the treatment is completed by calming the skin with a rubberised 'lift off' mask and a facial massage using our Intense Repair Oil. This treatment restores, refines & rejuvenates. No downtime, no pain, suitable for all skin types |       |

NOVA - COLLAGEN INDUCTION THERAPY

|                                                   |       |
|---------------------------------------------------|-------|
| All Treatments Include A Growth Factor Sheet Mask |       |
| Face, Neck & Chest   90 Mins                      | R1400 |
| Face & Neck   90 Mins                             | R1200 |
| Face Only   60 Mins                               | R1030 |
| Stem Cell Conditioning   90 Mins                  | R3400 |

DERMAPLANING

|                                                                                                                                               |      |
|-----------------------------------------------------------------------------------------------------------------------------------------------|------|
| Dermaplaning Is A Type Of Facial Exfoliation That Removes The Outermost Layer Of Dead Skin Cells And Fine Facial Hairs, Known As Vellus Hairs |      |
| Full Facial Treatment Including A Peel   90 Mins                                                                                              | R800 |
| Full Facial Treatment Without A Peel   75 mins                                                                                                | R700 |

ABLASE

Ablase is the latest medical grade Plasma Fibroblast innovation for non and semi-ablative therapies.

Used in cosmetic surgery, it remodels and tightens the epidermal layer

|                                                                                                        |            |
|--------------------------------------------------------------------------------------------------------|------------|
| Anti-ageing and skin repair Upper lids   60 Mins                                                       | R2750      |
| Upper lid, crows with mini brow lift   75 Mins                                                         | R4750      |
| Lower lids with crows   50 Mins                                                                        | R2500      |
| Full forehead   75 Mins                                                                                | R3750      |
| Glabellar frown plus bunny lines   45 Mins                                                             | R1500      |
| Nose mini lift with pore reduction   50 Mins                                                           | R1500      |
| Pore reduction nose   45 Mins                                                                          | R1000      |
| Upper lip   50 Mins                                                                                    | R1750      |
| Lip flip & plumping   50 Mins                                                                          | R2250      |
| Naso labial folds   50 Mins                                                                            | R1750      |
| Full mouth including chin   75 Mins                                                                    | R3750      |
| Cheeks   75 Mins                                                                                       | R3500      |
| Facelift around ears and lobe tightening   50 Mins                                                     | R2250      |
| Jaw lift including ears   75 Mins                                                                      | R3750      |
| Neck   90 Mins                                                                                         | R5500      |
| Full face lift special   4-5 hours                                                                     | R14 000    |
| Acne scar repair   75 Mins                                                                             | From R3750 |
| As well as pore reduction on cheeks                                                                    |            |
| Removal of benign skin lesions                                                                         |            |
| Skin tags, moles, syringomas, angiomas, xanthlasma etc.                                                |            |
| R500 - 5 Mins   R850 - 10 Mins   R1000 - 15 Mins   R1300 - 20 Mins   R1575 - 25 Mins   R1890 - 30 Mins |            |

ADD ON OPTIONS

|                                      |      |
|--------------------------------------|------|
| Lamelle peel                         | R350 |
| Fractional plasma                    | R700 |
| Needleless mesotherapy               | R500 |
| Rhytide treatment                    | R700 |
| Dermaplane                           | R220 |
| LED light therapy                    | R200 |
| High frequency                       | R200 |
| Lamelle Dermaheal growth factor mask | R180 |
| Alginate mask                        | R150 |
| Retinol serum                        | R220 |
| Activation plasma                    | R300 |



ESSE PROBIOTIC SKINCARE FACIALS

|                                                                                             |           |
|---------------------------------------------------------------------------------------------|-----------|
| Scholar / Teen Deep Cleanse   60 Mins                                                       | R430      |
| Includes High Frequency                                                                     |           |
| Esse Express Facial   30 Mins                                                               | R390      |
| Quick Fix Facial Including Organic BHA Peel & Probiotic Supplementation For Glowing Results |           |
| Esse Experience Facial   60 Mins/90 Mins                                                    | R550/R720 |
| Premium Probiotic Skin Treatment Focusing On Balancing The Microbiome For Healthier Skin    |           |

|                                                                                                                                                                                                                                      |      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| The Ultimate ESSE Experience   90 Mins                                                                                                                                                                                               | R870 |
| Customized Treatment Focusing On Inhibiting Live Probiotics Into Your Skin, Leaving Your Skin Hydrated And Rejuvenated. Coupled With Sensational Touch Therapy Using A Jade Roller, An Exclusion Mask & Sealed With A Foot Treatment |      |

MASSAGE THERAPY

|                                       |             |
|---------------------------------------|-------------|
| Back, Neck & Shoulders   25 / 50 Mins | R320 / R450 |
| Hot Stone Full Body   75 Mins         | R520        |
| Swedish Full Body   60 / 90 Mins      | R500 / R600 |
| Aromatherapy Full Body   75 Mins      | R520        |
| Pregnancy Massage   75 Mins           | R550        |
| Leg & foot massage   25 Mins          | R280        |
| Indian Head Massage   20 Mins         | R270        |

BODY TREATMENTS

|                                                                                                                                                                                                      |       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Detoxing Back Scrub   25 Mins                                                                                                                                                                        | R280  |
| Natural Glow   60 Mins                                                                                                                                                                               | R580  |
| Organic Mineral Salt Full Body Scrub, Followed By Shower And Application Of Esse Body Oil & Lotion                                                                                                   |       |
| The Gwenya Journey   50 Mins                                                                                                                                                                         | R480  |
| Back Scrub, Massage & Mask, With Head Massage                                                                                                                                                        |       |
| Esse Spa Back Treatment   50 Mins                                                                                                                                                                    | R450  |
| Cleanse, Exfoliation With Steam & Extractions, Plus A Detox Mask, Followed By A Back Massage Using Esse Body Oil                                                                                     |       |
| Body Cocoon   1 Hour 45 Mins                                                                                                                                                                         | R980  |
| Relax While Being Cocooned, The Ultimate Wellbeing Treat.Scalp & Facial Massage, Total Body Exfoliation, Esse Nourishing / Detox Mask, And Ending Off With A Light Massage Using Organic Body Butter |       |
| Trio of Treats   75 Mins                                                                                                                                                                             | R 850 |
| Your choice of 3 express treatments                                                                                                                                                                  |       |

